

ELEVATE – Foundations
“Be filled with the Spirit”
Ephesians 5:18-21

- ✓ Rom. 8:26 – intercedes for us.
- ✓ Eph. 1:13 – seals us, so we can never again be lost.

1. A Contrast and a Command – Eph. 5:18

- Don't be drunk with wine.
- What do alcoholic beverages do? control people, make them do things they wouldn't do otherwise.
- We are commanded to be filled with the Spirit.
- **Something will control you; let it be God's Holy Spirit.**

2. Work of the Holy Spirit

- John 14:16-17 – Where does the Holy Spirit (the Comforter) live? within each believer from the moment of salvation (Rom 8:9; 1 Cor. 6:19; 12:13; Eph. 1:13; 1 John 4:13).
- What does the Holy Spirit do?
 - ✓ John 14:26 – teaches us and reminds us of God's truth.
 - ✓ John 15:26 – testifies of Jesus; directs our attention to Jesus.
 - ✓ John 16:8 – convicts us of sin.
 - ✓ John 16:13 – guides us into truth.
 - ✓ Rom. 8:16 – confirms that we are God's children: assurance of salvation.

3. How to Be Filled With the Holy Spirit

- Confess all known sin.
- Empty yourself of your will.
- Submit to God's will.
- Ask God to fill you with His Spirit.

4. Results of Being Filled With the Spirit

- Gal. 5:16-17 – Conflict with the flesh (see also Rom. 7:15-25).
- Gal. 5:22-23 – Fruit of the Spirit.
- Eph. 5:19 – Praise and Joy.
- Eph. 5:20 – Thankfulness.
- Eph. 5:21 – Submission to one another.

Are those results evident in your life?

Ask God to fill you with His Spirit every day.